

GOD YOU ARE FIRST IN MY LIFE. I EXIST TO GLORIFY AND SERVE YOU.

YOU HAVE BLESSED THE REAL ME, THE SOUL ME, WITH A BODY.

I WANT TO CONSECRATE THAT BODY TO YOU TODAY.

MY HEART WILL BE DEVOTED TO, DRIVEN BY AND DEDICATED FOR YOUR CHARACTER.

MY MIND WILL BE THE MIND OF CHRIST AND I WILL UNLEASH ITS IMAGINATION AND CREATIVITY FOR YOUR MISSION.

I WILL TAKE EVERY THOUGHT CAPTIVE SO I WILL THINK CLEARLY AND OBEDIENTLY.

MY MOUTH WILL BE USED AS AN INSTRUMENT OF LIFE.

MY EYES WILL ENJOY THE SPLENDOR OF YOUR CREATION.

MY EARS WILL LISTEN FOR YOUR LEADING.

MY HANDS AND FEET WILL BE SWIFT TO RUN TO HELP AND HONOR THE NEEDS OF OTHERS.

I WILL RECOGNIZE BOTH MY PROFOUND POWER AS AN IMAGE BEARER OF ALMIGHTY GOD AND MY LIMITATIONS AS A HUMAN BEING DEPENDENT UPON THE HEALTHY RHYTHMS GOD HAS ORDAINED.

I WILL GIVE YOU GLORY IN MY SUFFERING AND MY SICKNESSES.

I WANT THIS BODY TO BE USED FOR HOLY PURPOSES, SO HELP ME RUN FROM SIN AND TO YOU.

WHAT I EAT, WHAT I DRINK, WHAT I WATCH, HOW I SLEEP, HOW I EXERCISE, AND HOW FAST I CHOOSE TO LIVE ARE ALL WORSHIP DECISIONS I WILL MAKE TODAY.

I AM MADE ON PURPOSE FOR A PURPOSE.

YOU CREATED ME INTENTIONALLY AT CONCEPTION RIGHT DOWN TO THE COLOR OF MY EYES AND THE HEIGHT AT WHICH I STAND, SO I AM MAGNIFICENT.

IN LIGHT OF THESE TRUTHS, TODAY I GIVE MY HEALTH AND MY BODY TO YOU TO BE USED FOR YOU.